



300 HR Yoga Teacher Training Application | SATYA School of Yoga

Namaste, dear Yogi. We welcome you to this transformative journey of developing an even deeper understanding of yoga, while experiencing deep personal growth and renewal of rediscovering your inner light, Satya (truth), and authenticity.

**PLEASE PRINT CLEARLY** (or type)

Full Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone (day): \_\_\_\_\_ (cell) \_\_\_\_\_

Email: \_\_\_\_\_ Birth Date: \_\_\_\_\_

Emerg Contact Name: \_\_\_\_\_ Emerg Contact Phone: \_\_\_\_\_

Relationship: \_\_\_\_\_ Emerg Contact Email: \_\_\_\_\_

Describe your current yoga practice. Why do you practice yoga? How long have you been practicing? How often do you attend studio classes? Do you have a home based practice? What styles have you practiced?

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What inspired you to apply for an advanced Yoga Teacher Training Program?

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

What are your hopes and/or ideal outcomes from taking our YTT 300 hour Teacher Training? Are you interested in advancing your teaching and/or self-exploration?

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What do you perceive to be your greatest gifts that may apply, as a student and/or teacher of yoga?

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What do you perceive to be your greatest challenges that may unfold as a student and/or teacher of yoga?

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Describe any physical health: Injuries, medical conditions or concerns that you have:

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Where did you complete your YTT200 hour yoga teacher training? Please attach a copy of your certificate.

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How did you learn about our training?

Internet Search \_\_\_\_ Facebook \_\_\_\_ Instagram \_\_\_\_ Friend \_\_\_\_ Yoga Teacher \_\_\_\_ Other \_\_\_\_

Name of friend, teacher, or other method : \_\_\_\_\_

Is there anything else that you would like to share at this time?

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**Please choose your preferred payment method** (*all prices listed are subject to HST*):

- Option 1:** \$4500+ HST = Deposit of \$1000+ HST upon enrollment + \$3500+ HST  
due: September 15th, 2024
  
- Option 2:** \$4700+ HST = Deposit of \$1000+ HST upon enrollment + 4 equal payments of \$925+ HST  
due: Oct 15th/25 + Feb 15th/25 + April 15th/25
  
- Option 3:** \$4900+ HST = Deposit of \$1600+ HST upon enrollment + 6 equal payments of \$550+ HST  
due: Oct 15th/24 + Nov 15th/24 + Feb 15th/25 + Mar 15th/25 + Apr 15th/25 + May 15th/25

*\*Alternative payment plan options also available upon request ie. monthly*

*\*Tuition pricing includes Satya 300-Hour training manuals, and 30 in-studio classes*

*\*Tuition/payments are non-refundable*

Applicant Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Thank you for your interest in our 300 hour YTT! To secure your position in our Satya Teacher Training, please email, or drop off your completed application form, along with your \$50 +HST non-refundable deposit

to: [info@yloft.ca](mailto:info@yloft.ca) or: The Yoga Loft  
10 Lindsay St. S. 2nd Floor  
Lindsay, ON K9V 2L6